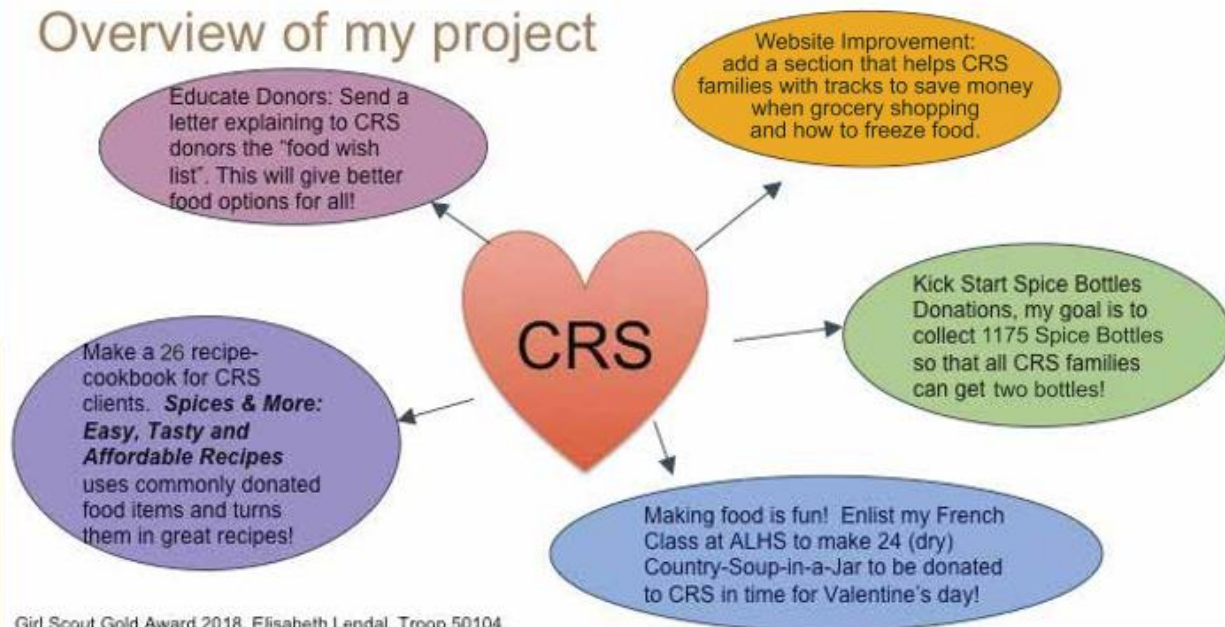


Overview of my project



Girl Scout Gold Award 2018, Elisabeth Lendal, Troop 50104

Disclaimer:

The recipes presented in my cookbook are intended for entertainment and informational purposes only. It should be used by persons having appropriate technical skill, at their own discretion and risk. It is the reader's responsibility to determine the value and quality of any recipe or instructions provided for food preparation and to determine the nutritional value and safety of the preparation instructions.

1. The cost per portion serves as a guidelines only and may vary depending on the stores where goods are purchased.
2. Consuming raw or undercooked food may increase your risk of food borne illness. People at the most risk are children, the elderly, and persons with a weakened immune system.
3. We (the author, publisher and CRS) do not take any responsibility, for any possible consequences of any person reading or following the information in this cook book.
4. All pictures have been taken by myself (the author) to serve as a reference for what your meal may look like.