

Making a difference. Right here at home.



Avon/Avon Lake Community Resource Services Newsletter

March, 2019

HELPING OUR SENIORS

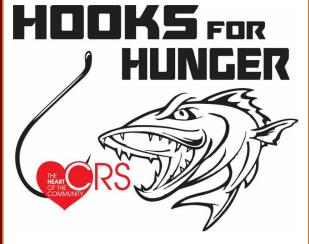
On Thursday, February 20th, CRS hosted a light lunch for 49 residents of Beachpark Tower located in Avon Lake.

CRS Board of Directors member, Kathryn Eyring, a Senior Wellness Advocate and host of the Avon Lake Community Television show 'Aging Gracefully,' was the guest speaker providing information and tips about senior health, wellness and nutrition. The information was well received and very pertinent to the life and lifestyles of the residents beneficial for all in attendance.

You can get more information about senior health and wellness by visiting Kathryn's website at www.NewLifestyleChanges.com.

A grant from The Community Foundation of Lorain County allows CRS to meet the needs of the senior population by providing basic needs assistance and individualized resource and referral services.

CRS truly values our senior population and enjoys meeting with them, allowing us to get to know them better through this type of event.



CRS is pleased to announce the date of the annual Hooks for Hunger Walleye Tournament! This year's event will be held on Saturday, June 29, 2019.

The day will include the fishing tournament, dinner, an awards presentation and raffles. All proceeds raised will go directly to CRS.

We hope you're able to support this event and our community. Both monetary donations and that of goods and services are welcomed. Everyone here at CRS is extremely thankful for this event and we hope to see you there!

For more information, contact Ed Moran at 440.930.4161 or emoran@avonlake.org.



SAVE THE DATE

Mark your calendar for our annual "Crush Hunger" event on Thursday,
June 20, 2019 at 7:05 pm. Homeruns
For Hunger will be held at Sprenger
Stadium in Avon at the Lake Erie
Crushers vs. the Gateway Grizzlies
baseball game. This is a fun outing for
friends, family or co-workers while
supporting CRS at the same time!
Watch for more information on how to
purchase your tickets soon!



© CanStockPhoto.com - csp45019746

FOOD PANTRY NEEDS

Our food pantry exists thanks to so many who generously donate! We currently are in need of donations of cereal, pasta sauce, canned fruit, macaroni & cheese and side dishes.

Thank you, in advance, for your kind generosity!



The Pearl Anniversary Gala, sponsored by GenOn, Nations Lending Corporation, Performance Health and LaCentre Conference & Banquet Facility, was held on Saturday, January 26, 2019. The generosity of our sponsors, advertisers, donors and 407 guests helped us net more than \$82,500 which will go directly toward our mission of providing basic needs assistance to our income-eligible families. Special thanks to Peter & Co. Jewelers for their donation of beautiful Diamond Earrings to our Jewelry Raffle. Congratulations to Chuck & Carol Froehlich for being the lucky winners!

This annual event is the largest fundraiser for CRS and since the first Charity Ball in 1990 has raised over \$1,182,000.

Please visit our website to see a full list

STAMP OUT HUNGER

Save the date for the Annual STAMP OUT HUNGER Food Drive, hosted by the National Association of Letter Carriers and facilitated by your local Post Office.

This year's event will be held on Saturday, May 11, 2019. Watch your mailbox for a postcard with more information.

COMMUNITY THANKS

CRS has truly been blessed this month with many donations of non-perishable items for our food pantry. Thank you to the following businesses and organizations: Eastview Elementary School, Bob Brooks -Edward Jones, Avon Lake Girl Scouts, Holy Spirit Church, Avenbury Lakes -Ladies of the Lake, Learwood Middle School, Redwood Elementary School, Scrap Picker Upper, Avon Lake Garden Club, Avon Lake United Church of Christ, Avon Middle School, Chicks Against Hunger, Christ Church Westshore, CVS-Avon Lake, Eastview Elementary Kindergarten classes, Holy Spirit Church, LCCC MLK Food Packing Event, Redwood Elementary School K-Kids, Redwood Elementary School Kindergarten classes and The U.S. Coast Guard.

This is in addition to the many individuals who bring donations to the CRS office on a regular basis. We are so very grateful for all of the donations that help keep our food pantry well stocked and that help us continue our mission of People Helping People!

of our sponsors and auction donors as well as a link to more photos.









Some of our fantastic volunteers!

Avon/Avon Lake Community Resource Services

Our Mission: Community Resource Services is a responsive, community-based organization whose mission is to diminish the effects of poverty in Avon and Avon Lake. We provide basic needs assistance and individualized resource and referral services in a compassionate and confidential manner.

